



Message from the Head Teacher



The end of an Era.....

Today our Year 11 students sat their last GCSE paper (apart from a few students taking an Italian exam next week). When I was waiting to start the Statistics examination yesterday, I took the time to look around the hall at a wonderful group of young men.

Recently we have been visited by a number of young men who left us a few years ago - they are keen to return to share with us their success stories. As I was looking at our current Year 11, I was thinking about each of them and their futures.

Their examination results will be good, but more important than that, we can be very proud as a school community of the men we have nurtured.

As a school we have complimented the good work of parents to ensure that our young men are fully equipped to enjoy their future success and make a really positive impact on the rest of society.

Tonight Year 11 celebrate at their Prom with St Catherine's - I'm sure we will have photos to share with you next week.

As you know we have a Mass every other Wednesday at 8:00 am in the Chapel. This week we made good use of the CRiBS double decker bus as an alternative location for our worship.

Mr Fisher

Fred's Prayer for the Week

Lord, Jesus Christ, Good Shepherd of our souls, You who know Your sheep and know how to reach the human heart. Stir the hearts of those people who would follow You but cannot overcome doubts and fears. You who are the Word of the father, the Word which enlightens and sustains hearts, conquer with Your Spirit the resistance and delays of indecisive hearts. Awaken in those whom You call the courage of love's answer: "Here I am, send me."

Inspired by the writings of St John Paul II

God bless - Fred (Chaplain)

LUNCH MENU FOR WEEK COMMENCING 22nd JUNE 2015

Breakfast: 7.45am - 8.15am

Hot Snacks, Filled Rolls & Baguettes served daily

MONDAY

Mince Beef and Onion Pie with Mash
Chicken with Winter Vegetables
✓ Bolognese Fusili

TUESDAY

Chicken Madras with Rice
✓ Creamy Lentil Dhal
(Coconut Milk and Coriander)

WEDNESDAY

Lasagne with Garlic Bread
✓ Spaghetti with Vegetable Ribbons

THURSDAY

Welsh Lamb Hotpot
✓ Spinach and Mushroom Crêpes

FRIDAY

✓ Fish & Chips



Visit our website just scan our QR code here!

Vote CRiBS!

As you may know the charity CRiBS has their big blue bus on site and many students have visited it over the past week. CRiBS are looking to win a pot of £5,000 to keep the bus roadworthy and you can help make this possible by voting online. Just go to www.cribsonline.org and click on the **One Family** link before 29th June. Imagine how many votes the charity could receive if every family member linked to St Columbas voted!

CRiBS are keen to win this funding from One Family to pay for repairs and upkeep of the bus. The bus was renovated some years ago and is used to go into schools to take lessons and do various community events. Some of the primary school children's comments show just how well some lessons on Friendship were received.

Their spelling may raise a smile, but the sentiment is heart warming:

"I rearlee injoyd it."

"I love the pupit show."

"It was so so so much fun."

"the CRiBS bus woos good fun.
I like the CRiBS bus so much."

"I learnt a lot about friendship...
it was amazing thank you."



Please take just a few minutes to vote and keep the big blue bus on the road!

Voting is open until 29th June for an award of £5,000 to keep our Big Blue Bus on the road. Please vote for us at:

onefamily.com

Vote today before time runs out!



Our school is an inclusive place of learning that celebrates and welcomes diversity.

Every member of our community is a unique and special creation of God and is known, cared for and valued for the contribution they make.

Every student is challenged and supported to achieve his best.



The first odd number is 1. What is the hundredth?

On which date is the hundredth day of the year 2015?

Goldbach's Conjecture claims that every even number greater than 2 is the sum of two primes. A number is a prime if it only divides by itself or So 2, 3, 5, 7, 11, 13, 17, 19 etc. are primes. Think of an even number and find two primes which add together to make your number. For instance 8 is 3+5 and 22 is 11+11. Can you find one that doesn't work?



MONEY MATTERS

Fact Sheet FB9

SAVINGS AND LIFESKILLS | 

Budgeting

Income

This is money that you get from pocket money, gifts, earnings or interest on savings.

Expenditure

This is money you spend, for things you **need** (like food and housing) or for things you **want** (luxury items - like cinema tickets or meals at restaurants).

What is a budget?

A document that compares what money you have coming in and going out - income related to expenditure. Budgets can range from personal budgets by individuals to family budgets, company budgets and even governmental budgets.

There are two types of budget record:

- 1) A plan showing the likely income and expenditure for the coming week, month or year – a **forecast**
- 2) An ongoing **record** of actual income and expenditure

People often use both. They make an estimate, or forecast of what they are likely to earn and spend and then record how much they actually earned and spent. It's useful to compare, so you can see what you need to change in the future to balance your budget.

Balancing the budget

This means making sure that you aren't spending more than you earn and getting into debt. Budgeting can also help you see money problems that may arise in the future.

In order to have more money and avoid debt you can either:

Increase your income – find ways of earning more, e.g. by taking on an extra job, negotiating more pocket money or putting savings into a high interest account

or

Reduce your expenditure – look at the things that you need to survive (e.g. food, housing) and things that you want but can live without (e.g. television, the latest fashions).

An important money management skill is to be able to put things in order of importance so you can see what things you really need and what you can do without. (See Fact Sheet FB10 - Money Saving Tips.)

Expenses	
Rent (shared)	£285.00
Transport (monthly train pass and cab fares)	£75.32
Food, toiletries and household items (shared)	£130.49
Clothes	£81.03
Mobile phone bill	£36.16
Gas and electricity bill (shared)	£38.75
Council tax and water rates (shared)	£60.00
Entertainment (cinema, concerts and clubbing)	£65.00
Eating out	£
TV Licence (shared)	£
Miscellaneous	£
Other	£

Financial Capability

Extra-Curricular Programme 2014-15

Activity	Dept	Audience	Day	Time	Staff	Location
Basketball Team Training	PE	Year 7	Tuesday		HMN	
Cricket Team Training	PE	Year 7	Tuesday Thursday		RDY REE	
	PE	Year 8	Thursday		RDY REE	
Fitness 'Insanity' Club	PE	Year 9	Tuesday		HMN	
	PE	Year 10	Tuesday		HMN	
Interhouse Competitions (Rotation)	PE	Years 7,8,9,10	Wednesday		HMN RDY	
GCSE PE Revision	PE	Year 11	Monday		RDY	
Youth Club	PE	Years 7,8 ,9	Friday		REE	
Art Club	Art	Years 7,8,9	Wednesday		CMN DAR	
	Art	Years 10,11	Thursday		DAR	

Extra-Curricular Programme 2014-15

Activity	Dept	Audience	Day	Time	Staff	Location
KS3 Club	Design Technology	Year 7 Year 8 Year 9	Wednesday	2.30-3.30	Yr11 Mentors NCS lead	DT2
KS4 Sessions	Design Technology	Year 10 Year 11	Wednesday	2.30-4.00	LBY NCS CBE	All Workshops

Please note: Workshops will be open Tuesday and Thursdays for Year 11 pupils on request by invitation

Guitar Club	Music	All abilities welcome	Tuesday	2.30-3.30	ADR	MU1 MU2
GCSE ensembles	Music	Year 10 / 11 timetabled	Tuesday	2.30-3.30	DSY AAD	MU2 Practice Rooms
Urban Music Workshops	Music	First come, first served	Wednesday	2.30-3.30	AAD ArtsTrain	MU1
GCSE ensembles	Music	Year 10 / 11 timetabled	Thursday	2.30-3.30	DSY AAD	MU2 Practice Rooms
Music Boosters	Music	Targeted groups	Selected dates: Monday or Thursday	2.30-3.30	AAD	MU1
Singing and Keyboard	Music	All abilities welcome	Thursday	2.30-3.30	Ollie Jerreat	MU1

Drama Club	Drama	All students	Wednesday	2.45-3.45	GDE	Theatre
	Drama	All students	Tuesday	2.30	GDE	ENS
Additional Rehearsal	Drama	All students	Wednesday	2.45-3.45	GDE	Theatre

ECDL Provision	Computing	Year 11	Wednesday	2.30-4.00	LWS	IT 1
Computing Club	Computing	Years 7,8,9	Thursday	2.30-4.00	LWS	IT 1

Extra-Curricular Programme 2014-15

Activity	Dept	Audience	Day	Time	Staff	Location
School Report Journalist Club	English	Years 7,8	Thursday	2.30-3.30	LGN	EN7
Debating Society	English	Years 9,10,11	Tuesday	2.30-3.30	NFN	EN4
GCSE English Targeted intervention	English	Year 11	Wednesday	2.30-3.30	ACN CKY LGN NFN	EN7
Home Learning Support (A maths specialist is available every day to support you with your home learning)	Maths	All years	Monday	2.30-3.00	Please refer to the maths department noticeboard for daily locations	
	Maths	All years	Tuesday	2.30-3.00		
	Maths	All years	Wednesday	2.30-3.00		
	Maths	All years	Thursday	2.30-3.00		
	Maths	All years	Friday	2.30-3.00		
Year 11 Targeted Learning	Maths	Specific Year 11 students (by invitation only)	Tuesday	2.30-3.30	All Staff	Maths Dept Please refer to the maths noticeboard for daily locations
Rubik's Club (Learn to solve a Rubik's cube plus other Rubik's equipment)	Maths	Years 7,8	Friday	2.30-3.30	Mrs Turner	MA1
Maths Club (Enriching maths activities)	Maths	Year 7	Wednesday	2.30-3.30	Mrs Turner	MA1
RE Homework Club	RE	Years 7,8,9	Tuesday	2.30-3.15	SSE, JFE, DSY	RE 1
Film Club	RE	Years 7,8,9,10	Thursday	2.30-4.30	SSE	IT 1
Targeted GCSE boosters (6wk revolving programme)	RE	Years 10,11	Thursday	2.30-3.15	JFE SSE	IT 1



Preparing for the Mass of Sunday 21st June 2015 - The Twelfth Sunday in Ordinary Time

1 Relax & Remember

Set aside 10 -15 minutes and create a suitable environment by removing any distractions. Make sure that you are comfortable. Perhaps light a candle. Make the sign of the cross † and remain still for a minute of settling silence. **Call to mind the love that God has for you. Remember that through this scripture our Lord is truly present.** Then read the Gospel, preferably aloud and slowly, and pay attention to any words that stand out. If any do, meditate on them for a few minutes and be invited into a dialogue with God.



2 Read

Taken from the Gospel for 21st June 2015 (Mark 4:35-41): Jesus Calms the Storm

With the coming of evening, Jesus said to his disciples, 'Let us cross over to the other side.' And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, 'Master, do you not care? We are going down!' And he woke up and rebuked the wind and said to the sea, 'Quiet now! Be calm!' And the wind dropped, and all was calm again. Then he said to them, 'Why are you so frightened? How is it that you have no faith?' They were filled with awe and said to one another, 'Who can this be? Even the wind and the sea obey him.'



3 Reflect

After spending a few minutes considering this Gospel, continue by reading Fr Henry Wansbrough's reflection.

Jesus certainly seems to have chosen a pretty dim and unappreciative group of disciples. They do call him 'Master', but after all the wonders he has performed they still don't really trust him, and have no hesitation about addressing him rudely and brusquely. Did you think, 'Just like me'? Well, perhaps I am just as untrusting. We often behave as though Jesus were quietly snoozing, quite unconcerned about our troubles and worries, as we struggle hopelessly, up to our necks in the mud and sinking rapidly. However, once Jesus' attention has been roused, once the disciples have put their trust in him, he effortlessly remedies the situation. This incident is the climax of a series of wonders, when we see Jesus' authority gradually increasing. First he imperiously called the disciples and they followed. Then he taught authoritatively in the synagogue as no other had ever taught. Next he had the effrontery to forgive sins, as only God can do. Now he controls the elements. Only God controls the wind and the waves, as in the psalms God 'walks on the backs of the waves'. The disciples are awe-struck; they react with astonishment. But, just like me too, they soon forget again and are surprised when Jesus comes to their rescue.

What are the qualities required by a disciple of Christ? Why did Jesus choose such an unappreciative bunch?

Dom Henry Wansbrough OSB

4 Respond & Request

Now slowly and prayerfully read the Gospel once again but this time in silence. Consider how this Gospel could apply to your life in general. Then thank God for any insight you may have received. Conclude by asking God to bless you with one of the following spiritual gifts to help you act on any resolution you have made: love, understanding, wisdom, faithfulness, peace, self control, patience, or joy. Please remember to pray for the Church and particularly our school families. **Then conclude by requesting the prayers of Our Lady & St Joseph.**



**The Wednesday Word is under the patronage of St Joseph, Patron Saint of Families and Protector of the Church
Within the tradition of the Catholic Church, each Wednesday is dedicated to St Joseph**

WEDNESDAY WORD PLUS †

Fr Henry's reflections on the first and second readings of Sunday 21st June 2015



First Reading: *God Responds to Job's Agony*

Job 38.1. 8-11

From the heart of the tempest the Lord gave Job his answer. He said: Who pent up the sea behind closed doors when it leapt tumultuous out of the womb, when I wrapped it in a robe of mist and made black clouds its swaddling bands; when I marked the bounds it was not to cross and made it fast with a bolted gate? Come thus far, I said, and no farther: here your proud waves shall break.

The Book of Job is a brilliant, evocative piece of writing, exposing in all its anguish the problem of the suffering of innocent people. It is a timeless plaint, expressing the incomprehension and frustration of all those who suffer undeservedly. It may well have been provoked by the second generation of exiles in Babylon, suffering for sins not their own. But Job articulates a problem which brings agony in every age. Why do I suffer? Why should I be subjected to long and humiliating illness? At the beginning of the saga, Job is so wound up that he curses the very day he was born. Throughout his struggle to understand, he has a love-hate relationship with God, wanting to be free of God's persecuting hand, but at the same time depending on and attached to that same protecting hand, confident that there is a solution. Despite what he sees as God's unacceptable bullying, he remains convinced that God's love will never forsake him. The two conflicting emotions boil together throughout the Book, until God gives his response, part of which we hear in today's reading. This final vision of God's incomparable wisdom and glory convinces Job that God's purposes are beyond human reasoning. Job is calmed and comforted by the experience of the awesome and incomprehensible glory of God.

How is the suffering of the innocent compatible with the idea of a loving God?

Second Reading: *The New Creation*

2 Corinthians 5:14-17

The love of Christ overwhelms us when we reflect that if one man has died for all, then all men should be dead; and the reason he died for all was so that living men should live no longer for themselves, but for him who died and was raised to life for them.

From now onwards, therefore, we do not judge anyone by the standards of the flesh. Even if we did once know Christ in the flesh, that is not how we know him now. And for anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here.

“...we will also share his Resurrection...”

The reading of Second Corinthians, begun before Lent, has been interrupted by the whole season of Lent and Eastertide with its accompanying festivals. At this point in the letter, Paul is explaining that the Resurrection of Christ has radically changed everything. In this new creation all our standards, hopes and expectations have undergone a transformation. He is perhaps already tilting at people who prided themselves on having known Jesus during his earthly life, and pitted their authority against Paul's own. Certainly later in the letter, he sets out to dispute the claims of some people of Jewish background who considered themselves 'super-apostles'. Salvation is not achieved by this knowledge of the earthly Jesus. The message of the gospel makes sense only in the light of the Resurrection. The Risen Christ is the firstborn from the dead, and his Resurrection is the model for ours. This is the ultimate answer to Job's question: whatever sorrows earthly life may bring, if we are baptised into Christ's death, we will also share his Resurrection. We already share Christ's life and are being transformed into him. The life we are experiencing now is only a preparation for its fulfilment in Christ's Resurrection.

Is Paul exaggerating when he says that with the Resurrection everything old has passed away?

The Wednesday Word: *Connecting Home, School & Parish through the Word of God*

w: www.wednesdayword.org

e: info@wednesdayword.org